

You can be part of a growing initiative to train representatives in school and other settings.

People who are trained to signpost parents and carers to local and national sources of information, support and advice

**To find out more ring
01273 481279**

You can also find out more about this important source of family support by visiting

www.parentingmatters.org.uk



**Parentlink
Children's Services
East Sussex Sussex County
Council
County Hall
Lewes
East Sussex
BN7 1SG**

Helpline 01273 481172



PARENT INFORMATION CONTACT

**Information and support for
Parents and Carers**

**Thinking of taking on this
exciting role?**

Read on

So you are thinking of becoming a PIC

What is it about?

A PIC is someone who is equipped to provide information, support and advice for parents and carers about local services, parenting issues and more.

What is in it for the school?

The school will have an 'expert' readily accessible to parents to signpost them to people 'who can help'. The nominated person will be trained, set up and supported in their role by Parentlink

Parent Information Point. There will be a board and or folder with a supply of information for parents to access

Parent will be put in touch with effective support. This can improve their lives and help make things easier for their children.

What's in it for the PIC

It is always useful to know what is out there! Existing PIC's have said that the role has been a valuable learning experience, increased their confidence and consolidated what they are doing already.

What sort of person makes an effective PIC?

It's got to be someone with enthusiasm.

A keen communicator.

Someone who wants a challenge and is keen to reach out to parents.

And good organisational skills help.

PIC's can be office staff. Teaching assistants, SENCo's or assistant SENCo's, governors or parents.

What training will I get?

Initial training takes place over two days. After the training you will get ongoing support from Parentlink. This will include telephone support and a regular newsletter.

Many areas now have clusters of PIC's who have regular networking meeting to share ideas and information.

What does the training involve?

We explore listening skills, types of referrals, sources of information and support, publicising the service and more!

It's informative, practical and fun!

What next?

If you would like to find out more call us for a chat (01273 481279)

Alternatively we can send a copy of the DVD we have made showing the scheme in action.

Speak to your line manager.

Book onto one of our training courses by calling 01273 481279

We look forward to meeting you